



Stockport Academy

The best in everyone™

Part of United Learning

Stockport Academy

Heathbank Road

Cheadle Heath

Stockport SK3 0UP

t 0161 286 0330

e enquiries@stockport-academy.org

www.stockport-academy.org

Instagram/Facebook: @stockportacademy

10 November 2025

Dear Parents and Carers,

We're excited to let you know that on Thursday 27th November, our Year 11 students will be taking part in a special event: Future Me Day.

This enriching day is designed to support students' Personal, Social, Health and Economic (PSHE) education, while also nurturing their personal growth and character development. Through a series of interactive and thought-provoking sessions, pupils will explore key themes such as:

- Cultural understanding.
- Emotional wellbeing.
- College Ready.
- Drugs & Alcohol Awareness.
- Consent.
- Exam Stress & Anxiety.
- Resilience.
- Relaxation Techniques.
- Self-Awareness.
-

Students will rotate through the sessions in their form groups, allowing them to engage fully in each activity while strengthening peer connections. The day promises to be both inspiring and empowering, helping our young people reflect on who they are, where they're headed, and how they can positively shape their future.

We're proud to offer this opportunity as part of our commitment to developing well-rounded individuals who are ready to thrive both in and beyond school.

Thank you for your continued support.

Warm regards,

Miss Stirling



Principal: Mrs Janine McCann BA Med NPQEL

